

John Lewis Stock Number	60715			
Name	PLOUGHMANS			
Ingredients	<b>Beer and Black Peppercorn Mustard 175g</b> - <u>Mustard</u> seeds (37%), ( <u>sulphites</u> ), white wine vinegar, water, brown ale (9%) ( <u>barley</u> ), pimento, genugreek, salt, black pepper, preservative (sodium metabisulphite). <b>Farmhouse Pate 180g</b> - Pork meat (41%), pork liver (30%), pork fat (25%), salt, spices, nutmeg, pepper. <b>Chutney for Cheese 200g</b> - Red peppers (30%), onions, apples, malt vinegar (from <u>barley</u> ), brown sugar, sultanas, garlic, spices, salt. <b>Caramelised Onion Chutney 180g</b> - Onions (40%), sugar, spiced malt vinegar (malt vinegar from <u>barley</u> , salt, colour:caramel, spice extracts), apples (contains preservative: <u>sulphur dioxide</u> ), dates, rapeseed oil, salt, <u>mustard</u> flour, chilli powder. May contain datestone fragments. <b>Rosemary Biscuits 150g</b> - <u>Wheatflour</u> , vegetable fat (rapeseed and palm oil), sugar, salt, rosemary, raising agent:sodium bicarbonate.			
For allergens, see ingredients underlined				
Net Quantity	885g			
Country of Origin	Scotland			
Storage Instructions	n/a			
Manufacturer's name and address	Edinburgh Preserves, The Officers Mess, Drem Airfield, Fenton Barns, East Lothian EH39 5AW			
Instructions for use	n/a			
Nutrition Labelling	Beer and Black Peppercorn Mustard			
		100g		100g
	Energy KJ/KCal	832/200	Total Carbohydrates(g)	9.5
	Total Fat (g)	11	of which sugars (g)	0
	of which saturates (g)	0.6	Protein (g)	11
			Salt(g)	0.7
	Farmhouse Pate			
		100g		100g
	Energy KJ/KCal	1532/371	Total Carbohydrates(g)	0.6
	Total Fat (g)	35.2	of which sugars (g)	0.6
	of which saturates (g)	13.6	Protein (g)	12.5
			Salt(g)	0.6
	Chutney for Cheese			
		100g		100g
	Energy KJ/KCal	551/130	Total Carbohydrates(g)	30
	Total Fat (g)	0.5	of which sugars (g)	29.3
	of which saturates (g)	0.1	Protein (g)	1.3
			Salt(g)	0.1

	Caramelised Onion Chutney			
		100g		100g
	Energy KJ/KCal	918/219	Total Carbohydrates(g)	50.6
	Total Fat (g)	1	of which sugars (g)	49.2
	of which saturates (g)	0.1	Protein (g)	1.4
			Salt(g)	0.6
	Rosemary Biscuits for Cheese			
		100g		100g
	Energy KJ/KCal	2108/502	Total Carbohydrates(g)	62
	Total Fat (g)	24.9	of which sugars (g)	20
	of which saturates (g)	19.2	Protein (g)	7.8
			Salt(g)	1.4
	Alcoholic Strength	n/a		
Suitable for vegetarians	N			
Suitable for vegans	N			
Suitable for nut allergy sufferers	Y			
Suitable for gluten allergy sufferers	N			
Suitable to wheat allergy sufferers	N			
Suitable for egg allergy sufferers	Y			
Suitable for dairy allergy sufferers	Y			
Suitable for soya allergy sufferers	Y			
Free from alcohol	Y			
Free from artificial flavours	Y			
Free from artificial	Y			

colours	
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