

John Lewis Stock Number	60732			
Name	JAM TREE			
Ingredients	Strawberry Jam 110g - Sugar, Strawberries, Gelling Agent (pectin), Acidity Regulator (citric acid). Prepared with 45g of fruit (per 100g) Sugar content 65g (per 100g) Raspberry Jam 110g - Sugar, Raspberries, Gelling Agent (pectin), Acidity regulator (citric acid). Prepared with 45g of fruit (per 100g) Sugar content 65g (per 100g) Blackcurrant Jam 110g - Sugar, Blackcurrants, Gelling Agent (pectin), Acidity regulator (citric acid). Prepared with 35g of fruit (per 100g) Sugar content 65g (per 100g) Bramble Jam 110g - Sugar, Brambles, Gelling Agent (pectin), Acidity Regulator (citric acid). Prepared with 45g of fruit (per 100g) Sugar content 65g (per 100g) Apricot Jam 113g - Sugar, Apricots, Gelling Agent (pectin), Acidity Regulator (citric acid). Prepared with 45g of fruit (per 100g) Sugar content 65g (per 100g) Rhubarb & Ginger Jam 113g - Sugar, Rhubarb (43%), Ginger (2%), Gelling Agent (pectin), Acidity Regulator (citric acid). Prepared with 45g of fruit (per 100g) Sugar content 65g (per 100g)			
For allergens, see ingredients underlined				
Net Quantity	666g			
Country of Origin	Scotland			
Storage Instructions	n/a			
Manufacturer’s name and address	Edinburgh Preserves, The Officers Mess, Drem Airfield, Fenton Barns, East Lothian EH39 5AW			
Instructions for use	n/a			
Nutrition Labelling	Strawberry Jam			
		100g		100g
	Energy KJ/KCal	1163/274	Total Carbohydrates(g)	67.9
	Total Fat (g)	0.4	of which sugars (g)	67.6
	of which saturates (g)	0	Protein (g)	0.4
			Salt(g)	0
	Raspberry Jam			
		100g		100g
	Energy KJ/KCal	1147/270	Total Carbohydrates(g)	66.5
	Total Fat (g)	0.2	of which sugars (g)	66.2
	of which saturates (g)	0.1	Protein (g)	0.6
			Salt(g)	0
	Blackcurrant Jam			
		100g		100g
	Energy KJ/KCal	1151/271	Total Carbohydrates(g)	67.4
	Total Fat (g)	0	of which sugars (g)	67.2
	of which saturates (g)	0	Protein (g)	0.3

		Salt(g)	0
	Bramble Jam		
	100g		100g
Energy KJ/KCal	1156/272	Total Carbohydrates(g)	67.3
Total Fat (g)	0.1	of which sugars (g)	67
of which saturates (g)	0	Protein (g)	0.4
		Salt(g)	0
	Apricot Jam		
	100g		100g
Energy KJ/KCal	1141/269	Total Carbohydrates(g)	66.7
Total Fat (g)	0	of which sugars (g)	66.4
of which saturates (g)	0	Protein (g)	0.4
		Salt(g)	0
	Rhubarb and Ginger Jam		
	100g		100g
Energy KJ/KCal	1157/272	Total Carbohydrates(g)	67.5
Total Fat (g)	0.1	of which sugars (g)	66.9
of which saturates (g)	0	Protein (g)	0.4
		Salt(g)	0
Alcoholic Strength	n/a		
Suitable for vegetarians	Y		
Suitable for vegans	Y		
Suitable for nut allergy sufferers	Y		
Suitable for gluten allergy sufferers	Y		
Suitable to wheat allergy sufferers	Y		
Suitable for egg allergy sufferers	Y		
Suitable for dairy allergy sufferers	Y		
Suitable for soya allergy sufferers	Y		
Free from alcohol	Y		

Free from artificial flavours	Y
Free from artificial colours	Y/N