## John Lewis



Children's Adidas shoe size conversion chart

UK	EU	USA	Heel-toe (inches)
0	16		3.1
1 Jnr	17	1	3.5
2 Jnr	18	2.5	3.8
3 Jnr	19	3.5	4.2
4 Jnr	20	4.5	4.5
5 Jnr	21	5.5	4.8
5.5 Jnr	22	6	5
6 Jnr	23	6.5	5.2
6.5 Jnr	23.5	7	5.3
7 Jnr	24	7.5	5.3
7.5 Jnr	25	8	5.7
8 Jnr	25.5	8.5	5.8
8.5 Jnr	26	9	6
9 Jnr	26.5	9.5	6.1
9.5 Jnr	27	10	6.3
10 Jnr	27.5	10.5	6.5
10.5 Jnr	28	11	6.7
11 Jnr	29	11.5	6.9
11.5 Jnr	30	12	7
12 Jnr	30.5	12.5	7.2
12.5 Jnr	31	13	7.3
13 Jnr	31.5	13.5	7.5
13.5 Jnr	32	1	7.7
1	33	1.5	7.8
1.5	33.5	2	8
2	34	2.5	8.1
2.5	35	3	8.3
3	35.5	3.5	8.5
3.5	36	4	8.7
4	36 2/3	4.5	8.8
4.5	37 1/3	5	9
5	38	5.5	9.2
5.5	38 1/2	6	9.3
6	39 1/3	6.5	9.5
6.5	40	7	9.6

## How to get the right fit

First, don't measure your feet in the morning; feet often swell during the day due to heat and activity. For the best fit, measure your feet at the end of the day.

To measure your shoe size follow these instructions:

## **HEEL-TOE LENGTH**

Place a piece of paper on the floor with one end against a wall. Stand on the piece of paper with your heel against the wall. Mark the piece of paper where your toes end with a pencil. 1.

Measure from the end of the piece of paper to the mark you created with your pencil and compare the measurement to our sizing chart.

## Choose the right size

If you're in between two sizes, it might be safest to go for the size up, rather than the size down.

