

Suits/Tailored Jackets

Chest

	inches	cm
34R	34.5	90
36R	37	94
38R	38.6	98
40R	40.2	102
42R	41.7	106
44R	43.3	110
46R	44.9	114

Hips

	inches	cm
34R	36.6	93
36R	38.2	97
38R	39.8	101
40R	41.3	105
42R	42.9	109
44R	44.5	113
46R	46.1	117

Sleeve

	inches	cm
34R	31.9	81.1
36R	32.7	83
38R	33.5	85
40R	34.3	87
42R	35	88.9
44R	35.8	90.9
46R	36.1	91.8

Height

	inches	cm
34R	5 ft 9 in	176
36R	5 ft 10 in	178
38R	5 ft 11 in	180
40R	5 ft 12 in	182
42R	6 ft	184
44R	6 ft 1 in	186
46R	6 ft 2 in	188

Formal Shirts

Neck

	inches	cm
14.5- 15	14.5- 15	37/38
15.5	15.5	39
16-16.5	16-16.5	41/42
17-17.5	17-17.5	43/44
18	18	45

Chest		
	inches	cm
14.5- 15	37.8	96
15.5	40.2	102
16-16.5	42.5	108
17-17.5	44.9	114
18	50	120

Waist		
	inches	cm
14.5- 15	33.1	84
15.5	35.4	90
16-16.5	37.8	96
17-17.5	40.9	104
18	48.8	112

Sleeve		
	inches	cm
14.5- 15	34.3	87
15.5	35	89
16-16.5	35	89
17-17.5	35.8	91
18	36.2	91

Casual Shirts, Knitwear, Polos, T-Shirts

Chest		
	inches	cm
S	37	94
M	38.6	98
L	40.2	102
XL	41.7	106
XXL	43.3	110
XXXL	44.9	114

Waist		
	inches	cm
S	32.3	82
M	33.9	86
L	35.4	90
XL	37	94
XXL	38.6	98
XXXL	40.2	102

Jeans

Waist		
	inches	cm
32R	32.9	83.5
34R	34.8	88.5
36R	36.8	93.5
38R	38.8	98.5

Hip		
	inches	cm
32R	38.8	98.5
34R	40.7	103.5
36R	42.7	108.5
38R	44.7	113.5

Inside leg		
	inches	cm
32R	31.9	81
34R	31.9	81
36R	31.9	81
38R	31.9	81