

John Lewis  
beauty retreat

Discover our range of treatments from

**ELEMIS**

The Leading Luxury British Skincare and Spa Brand

# ELEMIS

Visit the John Lewis Beauty Retreat and explore our in-store treatments from Elemis.

## Maximum Results

Elemis is the only professional British brand to clinically trial the efficacy of its advanced facials.

## A Tranquil Place

Renowned by spa lovers worldwide,

Elemis spa therapists help you escape the pressures of everyday life to transport you to a more tranquil place of inner peace and calm.

Arrange an appointment today on 0161 491 8789 or for the perfect present, treat someone special with a gift voucher to use in the Beauty Retreat in John Lewis Cheadle.

Our treatments	Price	Treatment time
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### POWER BOOSTING FACIALS

#### ANTI-AGEING

<b>Pro-Collagen Quartz Lift</b>	£30.00	30min
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Helps reduce the appearance of wrinkles and increases hydration

<b>Tri-Enzyme Resurfacing</b>	£30.00	30min
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Resurfaces the skin for improved smoothness

<b>Pro-Intense Lift Effect</b>	£30.00	30min
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Powerful lifting techniques combined with cutting-edge anti-ageing technology target sagging jowls, cheeks, chin and neck

#### PURIFY & REBALANCING

<b>Revive and Refresh</b>	£30.00	30min
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Perfect for a lunchtime or early evening 'quick fix' to help de-stress and boost radiance

<b>Modern Skin</b>	£30.00	30min
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Fuels skin with antioxidant rich minerals and vitamins to help de-stress and purify skin

#### MOISTURE BOOST & GLOW

<b>Skin Radiance</b>	£30.00	30min
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Helps increase moisture and elasticity for a smooth, glowing complexion

#### MEN'S

<b>Only for Men Facial</b>	£30.00	30min
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Designed specifically for male skin using anti-ageing Time Delay products

Our treatments	Price	Treatment time
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### BODY

<b>Face and Body Sensation</b>	£75.00	55min
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Sensational massage and anti-ageing facial for total rejuvenation of the face and body

<b>Body Sculpting Cellulite and Colon Therapy</b>	£75.00	60min
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Sculpting and detoxifying body mask with specialist drainage massage techniques

<b>Exotic Lime and Ginger Salt Glow</b>	£45.00	30min
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Lift your senses and invigorate your body for deeply cleansed, glowing skin

### UPGRADE YOUR TREATMENT

<b>Anti-Ageing Eye Renewal</b>	£10.00	15min
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Helps smooth and firm the eye area for a more youthful appearance

<b>Eyes Awake Recovery Treatment</b>	£10.00	15min
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Helps decongest and counteract dark circles and puffiness

<b>Hand and Arm Massage</b>	£10.00	15min
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Softens and treats tired hands and arms

<b>Total Relaxation Foot Massage</b>	£15.00	15min
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Recharges and renews fatigued feet

<b>Treat Your Feet Foot Treatment</b>	£15.00	15min
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Smooths, rehydrates and conditions

<b>Stress-Away Scalp and Shoulder Massage</b>	£15.00	15min
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Relieves tension and pressure

<b>Ultimate Anti-Ageing Boost</b>	£15.00	15min
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Hydrates and firms for a youthful complexion

<b>Ultimate Radiance Boost</b>	£15.00	15min
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Brightens and re-energises fatigued and stressed skin