## John Lewis beauty retreat

Discover our range of treatments from



The Leading Luxury British Skincare and Spa Brand

## ELEMIS

Visit the John Lewis Beauty Retreat and explore our in-store treatments from Elemis.

## Maximum Results

Elemis is the only professional British brand to clinically trial the efficacy of its advanced facials.

## A Tranquil Place

Renowned by spa lovers worldwide,

Our treatments	Price	Treatment time
POWER BOOSTING FACIALS ANTI-AGEING		
<b>Pro-Collagen Quartz Lift</b> Helps reduce the appearance of w increases hydration	£30.00 vrinkles an	30min d
Tri-Enzyme Resurfacing Resurfaces the skin for improved s	£30.00 moothne:	30min ss
Pro-Intense Lift Effect Powerful lifting techniques combin anti-ageing technology target sage chin and neck		0 0
PURIFY & REBALANCING		
Revive and Refresh Perfect for a lunchtime or early ev help de-stress and boost radiance	£30.00 ening 'quid	30min ck fix' to
<b>Modern Skin</b> Fuels skin with antioxidant rich mir help de-stress and purify skin	£30.00 herals and	30min vitamins to
MOISTURE BOOST & GLOW		
Skin Radiance Helps increase moisture and elasti glowing complexion	£30.00 city for a s	30min smooth,
MEN'S		
<b>Only for Men Facial</b> Designed specificaly for male skin Time Delay products	£30.00 using anti-	30min -ageing

Elemis spa therapists help you escape the pressures of everyday life to transport you to a more tranquil place of inner peace and calm.

Arrange an appointment today on 0118 952 5947 or for the perfect present, treat someone special with a gift voucher to use in the Beauty Retreat in John Lewis Reading.

Our treatments	Price	Treatment time		
BODY				
Face and Body Sensation Sensational massage and anti-ageing rejuvenation of the face and body	£75.00 g facial for	55min total		
Body Sculpting Cellulite and Colon Therapy Sculpting and detoxifying body mas drainage massage techniques	£75.00 ik with sp	60min ecialist		
Exotic Lime and Ginger Salt Glow Lift your senses and invigorate your cleansed, glowing skin		30min deeply		
UPGRADE YOUR TREATMENT				
Anti-Ageing Eye Renewal Helps smooth and firm the eye are for a more youthful appearance	£10.00 a	15min		
<b>Eyes Awake Recovery Treatment</b> Helps decongest and counteract dark circles and puffiness	£10.00	15min		
Hand and Arm Massage Softens and treats tired hands and a	£10.00 arms	15min		
Total Relaxation Foot Massage Recharges and renergises fatigued f	£15.00 eet	15min		
Treat Your Feet Foot Treatment Smoothes, redhydrates and condition		15min		
<b>Stress-Away Scalp and</b> <b>Shoulder Massage</b> Relieves tension and pressure	£15.00	15min		
Ultimate Anti-Ageing Boost Hydrates and firms for a youthful of	£15.00 complexio	15min on		
Ultimate Radiance Boost	£15.00	15min		

Ultimate Radiance Boost £15.00 15min Brightens and re-energises fatigued and stressed skin