



## Grant Museum of Zoology (4,960 steps)

The Grant Museum of Zoology and Comparative Anatomy is a natural-history museum that is part of University College London. It houses around 68,000 specimens. www.ucl.ac.uk/museums/zoology

- Culture & interests
- **⊖** Euston
- £ Free
- Rockefeller Building, University College London, 21 University Street, London WC1E 6DE
- Monday to Saturday 1pm 5pm Sunday Closed
- **\** 020 3108 2052

Fitness level - Any
Walking type - Low
Average length of time spent - 60mins
Average distance - 2.5 miles
Steps achieved - 4,960

- Rain safe
- × Pet friendly
- X Signup: No
- × Equipment needed: No

#### Gagosian Gallery (2,170 steps)

Gagosian Gallery is a contemporary gallery owned and directed by US art dealer Larry Gagosian. It is one of 16 worldwide, specialising in modern art.

www.gagosian.com

- Art
- **→** King's Cross St. Pancras
- £ Free
- 6-24 Britannia Street, London WC1X 9JD
- Tuesday to Saturday 10am 6pm Sunday to Monday Closed
- **\** 020 7841 9960

Fitness level - Any
Walking type - Low
Average length of time spent - 45mins
Average distance - 1.1 miles

- Rain safe
- × Pet friendly
- × Signup: No
- × Equipment needed: No

Steps achieved - 2,170

### October Gallery (4,340 steps)

This long-established gallery is renowned for exhibiting contemporary, international, avant-garde works.

www.octobergallery.co.uk

- Art
- **↔** Holborn
- £ Free
- 24 Old Gloucester Street, Bloomsbury, London WC1N 3AL
- Tuesday to Saturday 12:30pm -5:30pm, Sunday to Monday Closed
- **Q** 020 7242 7367

Fitness level - Any
Walking type - Low
Average length of time spent - 60mins
Average distance - 2.2 miles
Steps achieved - 4,340

- Rain safe
- × Pet friendly
- × Signup: No
- X Equipment needed: No

# The British Museum (7,750 steps)

The British Museum is dedicated to human history, art and culture. Its permanent collection is among the most comprehensive in existence and originates from all continents, illustrating and documenting the story of human culture from its beginnings to the present. www.britishmuseum.org

- Culture & interests
- **⊖** Covent Garden
- £ Free
- Great Russell Street, London WC1B 3DG
- Saturday to Thursday 10am -5:30pm Friday 10am - 8:30pm
- **Q** 020 7323 8299

Fitness level - Any
Walking type - Medium
Average length of time spent - 150mins
Average distance - 3.9 miles
Steps achieved - 7,750

- Rain safe
- × Pet friendly
- X Signup: No
- × Equipment needed: No

# London Film Museum (6,200 steps)

The London Film Museum is dedicated to the British film industry. It was previously known as The Movieum of London and exhibits props and costumes from feature films. www.londonfilmmuseum.com

- Culture & interests
- Charing Cross
- £ Prices Vary
- 45 Wellington Street, Covent Garden, London WC2E 7BN
- Sunday to Friday 10am 6pm Saturday 10am 7pm
- **Q** 020 7836 4913

Fitness level - Any
Walking type - Medium
Average length of time spent - 120mins
Average distance - 3.1 miles
Steps achieved - 6,200

- Rain safe
- × Pet friendly
- X Signup: No
- × Equipment needed: No

#### The National Gallery (5,580 steps)

The National Gallery houses a collection of more than 2,300 paintings dating from the mid-13th century to 1900. Its collection belongs to the public of the United Kingdom and entry to the main collection is free of charge.

www.nationalgallery.org.uk

- Art
- Charing Cross
- £ Free
- Trafalgar Square, London WC2N 5DN
- Saturday to Thursday 10am 6pm Friday 10am - 9pm
- **Q** 020 7747 2885

Fitness level - Any

Walking type - Medium

Average length of time spent - 120mins

Average distance - 2.8 miles

Steps achieved - 5,580

- Rain safe
- × Pet friendly
- X Signup: No
- X Equipment needed: No

#### London Transport Museum (1,240 steps)

The London Transport Museum seeks to conserve and explain the transport heritage of Britain's capital city over the past 200 years.

www.ltmuseum.co.uk/

- Culture & interests
- Charing Cross
- £ Free
- Covent Garden Piazza, London **WC2E 7BB**
- Saturday to Thursday 10am 6pm Friday 11am - 6pm
- **\** 020 7379 6344

Fitness level - Any

Walking type - Low

Average length of time spent - 30mins

Average distance - 0.6 miles

Steps achieved - 1,240

- Rain safe
- × Pet friendly
- × Signup: No
- X Equipment needed: No

### National Portrait Gallery (5,580 steps)

The National Portrait Gallery is an art gallery housing a collection of portraits of historically important and famous British people.

www.npg.org.uk

Art

Charing Cross

£ Prices Vary

St Martin's Place, London WC2H 0HE

Saturday to Wednesday 10am - 6pm Thursday to Friday 10am - 9pm

**Q** 020 7306 0055

Fitness level - Any

Walking type - Medium

Average length of time spent - 120mins

Average distance - 2.8 miles

Steps achieved - 5,580

Rain safe

× Pet friendly

× Signup: No

× Equipment needed: No

#### Bloomsbury Lanes (4,960 steps)

This venue features eight bowling lanes, a DJ, private karaoke booths, plus pizzas and burgers in an American-style diner.

www.bloomsburybowling.com

Culture & interests

Russell Square

£ Prices Vary

Bedford Way, London WC1H 9EU

Sunday to Tuesday 12pm - 12am Wednesday to Thursday 12pm - 2am Friday to Saturday 12pm - 3am

**Q** 020 7183 1979

Fitness level - Any

Walking type - Low

Average length of time spent - 120mins

Average distance - 2.5 miles

Steps achieved - 4,960

Rain safe

× Pet friendly

Signup: Yes

X Equipment needed: No

#### The Horse Hospital (3,255 steps)

The Horse Hospital is an independent progressive arts venue that focuses on sub-cultures and emerging artists.

www.thehorsehospital.com

- Art
- Russell Square
- £ Prices Vary
- Colonnade, Bloomsbury, London WC1N 1JD
- Monday to Friday 12pm 6pm Saturday to Sunday Closed
- **Q** 020 7833 3644

Fitness level - Any
Walking type - Low
Average length of time spent - 90mins
Average distance - 1.6 miles

- Rain safe
- × Pet friendly
- X Signup: No
- × Equipment needed: No

Steps achieved - 3,255

## Coram's Fields (3,410 steps)

Coram's Fields is a unique seven-acre playground and park for children and young people living in or visiting London.

www.coramsfields.org

- Gardens & parks
- Chancery Lane
- £ Free
- 93 Guilford Street, London WC1N 1DN
- **O** 8am 8pm
- **Q** 020 7837 6138

Fitness level - Any
Walking type - Medium
Average length of time spent - 60mins
Average distance - 1.7 miles
Steps achieved - 3,410

- × Rain safe
- Pet friendly
- × Signup: No
- × Equipment needed: No

### Bloomsbury Square (1,395 steps)

Bloomsbury Square is a garden square in Holborn, built by Georgian property developer James Burton.

www.londongardensonline.org.uk/gardens-online-record.asp?ID=CAM008

- Gardens & parks
- Goodge Street
- £ Free
- London WC1A 2EB
- **3** 8am 8pm
- **Q** 020 7974 4444

Fitness level - Any
Walking type - Low
Average length of time spent - 30mins
Average distance - 0.7 miles

- × Rain safe
- Pet friendly
- X Signup: No
- × Equipment needed: No

Steps achieved - 1,395

# Conway Hall (930 steps)

The Ethical Society's 1920s headquarters stages talks, lectures, classes and community events, and has an extensive library.

www.conwayhall.org.uk

- Culture & interests
- **⊖** Holborn
- £ Free
- 25 Red Lion Square, London WC1R 4RL
- Monday to Saturday 8:30am 12am Sunday 9:30am - 10:30pm
- **020 7405 1818**

Fitness level - Any
Walking type - Low
Average length of time spent - 60mins
Average distance - 0.5 miles
Steps achieved - 930

- Rain safe
- Pet friendly
- × Signup: No
- × Equipment needed: No

### Lincoln's Inn Fields (2,790 steps)

Lincoln's Inn Fields is the largest public square in London. It was laid out in the 1630s under the initiative of William Newton, and features tennis courts, historic monuments and a bandstand.

www.lincolnsinn.org.uk

- Gardens & parks
- Holborn
- **£** Free
- O London WC2A 3TL
- Monday to Friday 9:00am 5:00pm Saturday to Sunday Closed
- **Q** 020 7974 1693

Fitness level - Any Walking type - Low Average length of time spent - 60mins Average distance - 1.4 miles Steps achieved - 2,790

- × Rain safe
- Pet friendly
- X Signup: No
- × Equipment needed: No

## Charles Dickens Museum (4,960 steps)

The Charles Dickens Museum is an author's house museum. It occupies a typical Georgian terraced house, which was Charles Dickens' home from 25 March 1837 to December 1839.

www.dickensmuseum.com

- Culture & interests
- Russell Square
- £ £9
- 48 Doughty Street, London WC1N 2LX
- Tuesday to Sunday 10am 4pm **Monday Closed**
- **Q** 020 7405 2127

Fitness level - Any Walking type - Low Average length of time spent - 120mins Average distance - 2.5 miles Steps achieved - 4,960

- Rain safe
- × Pet friendly
- × Signup: No
- X Equipment needed: No

# The Foundling Museum (4,960 steps)

The Foundling Museum tells the story of the Foundling Hospital, Britain's first home for abandoned children.

www.foundlingmuseum.org.uk

- Culture & interests
- Russell Square
- £ £8.25
- 40 Brunswick Square, Bloomsbury, London WC1N 1AZ
- Sunday 10 Saturday 10am 5pm Sunday 11am - 5pm Monday Closed
- **\** 020 7841 3600

Fitness level - Any
Walking type - Low
Average length of time spent - 120mins
Average distance - 2.5 miles
Steps achieved - 4,960

- Rain safe
- × Pet friendly
- × Signup: No
- × Equipment needed: No

# Sir John Soane's Museum (4,960 steps)

Sir John Soane's Museum was formerly the home of the neo-classical architect John Soane. It holds many drawings and models of Soane's projects and the collections of paintings, drawings and antiquities that he assembled.

www.soane.org

- Culture & interests
- **→** Holborn
- £ Free
- 13 Lincoln's Inn Fields, London WC2A 3BP
- Sunday to Saturday 10am 5pm Sunday to Monday Closed
- **Q** 020 7405 2107

Fitness level - Any
Walking type - Low
Average length of time spent - 120mins
Average distance - 2.5 miles
Steps achieved - 4,960

- Rain safe
- × Pet friendly
- × Signup: No
- × Equipment needed: No

# The Cartoon Museum (3,720 steps)

The Cartoon Museum is dedicated to British cartoons, caricatures, comic strips and animation. It has a library of more than 5,000 books and 4,000 comics relating to the subject.

www.cartoonmuseum.org

- Culture & interests
- Goodge Street
- £ £0 £7
- 35 Little Russell Street, London WC1A 2HH
- U Tuesday to Sunday 10:30am -5:30pm Monday Closed
- **Q** 020 7580 8155

Fitness level - Any Walking type - Low

Average length of time spent - 90mins

Average distance - 1.9 miles

Steps achieved - 3,720

- Rain safe
- × Pet friendly
- X Signup: No
- × Equipment needed: No



#### Forbidden Planet London Megastore (1,395 steps)

Specialist chain selling cult sci-fi books, comics and collectibles, plus action figures and toys.

www.forbiddenplanet.com

- Culture & interests
- Holborn
- £ Free
- Forbidden Planet London Megastore, 179 Shaftesbury Avenue, London WC2H 8JR
- O Times vary
- **Q** 020 7420 3666

Fitness level - Any Walking type - Low Average length of time spent - 60mins Average distance - 0.7 miles Steps achieved - 1,395

- Rain safe
- × Pet friendly
- × Signup: No
- X Equipment needed: No

# St Giles-in-the-Fields (620 steps)

St Giles-in-the-Fields, also commonly known as the Poets' Church, was built between 1731 and 1733, although there has been a house of prayer on the site since 1101. www.stgilesonline.org

- Culture & interests
- → Tottenham Court Road
- £ Free
- 60 St Giles High Street, London WC2H 8LG
- **()** Times vary
- **Q** 020 7240 2532

Fitness level - Any
Walking type - Low
Average length of time spent - 30mins
Average distance - 0.3 miles
Steps achieved - 620

- Rain safe
- × Pet friendly
- X Signup: No
- × Equipment needed: No

## Islington Museum (2,480 steps)

Islington Museum is a public museum dedicated to local and social history. www.islington.gov.uk/libraries-arts-and-heritage/heritage/islington-museum

- Culture & interests
- Farringdon
- £ Prices Vary
- 245 St John Street, Clerkenwell, London EC1V 4NB
- Sunday & Wednesday Closed
- **\** 020 7527 2837

Fitness level - Any
Walking type - Low
Average length of time spent - 60mins
Average distance - 1.2 miles
Steps achieved - 2,480

- Rain safe
- × Pet friendly
- × Signup: No
- × Equipment needed: No