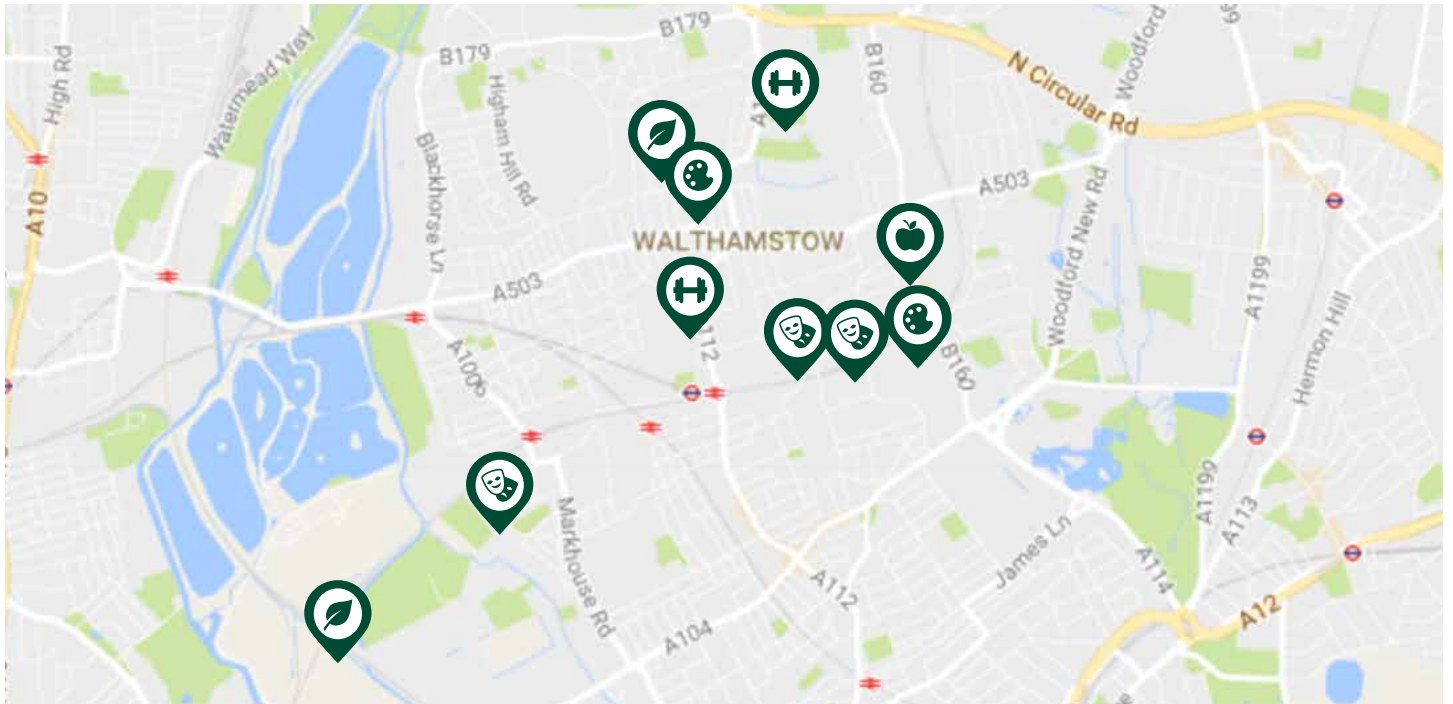


# John Lewis

HIT THE STREETS AND DISCOVER THESE LOCAL HIGHLIGHTS



Key: Culture & interests Gardens & parks Art Market Fitness

## William Morris Gallery (9,000 steps)

Have a walk around the William Morris Gallery, an award-winning museum dedicated to socialist Arts and Crafts designer William Morris.

[www.wmgallery.org.uk](http://www.wmgallery.org.uk)

**Culture & interests**

**Walthamstow Central**

**Free**

**Lloyd Park House, 531 Forest Road,  
Walthamstow, London E17 4PP**

**Wednesday to Sunday 10am-5pm**

**020 8496 4390**

**Fitness level - Any**

**Walking type - Low**

**Average length of time spent - 90mins**

**Average distance - 4.5 miles**

**Steps achieved - 9,000**

**Rain safe**

**Pet friendly**

**Signup: No, just show up**

**Equipment needed: No**

## Lloyd Park (6,000 steps)

This park backs on to the William Morris Gallery and has a nature area, café and many paths to walk round. It's the perfect thing to do following a visit to the William Morris Gallery.

[www.wmgallery.org.uk](http://www.wmgallery.org.uk)

 **Gardens & parks**

 **Blackhorse Road**

 **Free**

 **Forest Road, Walthamstow, London E17 4PP**

 **Wednesday to Sunday 10am-5pm**

 **020 8496 4390**

**Fitness level - Any**

**Walking type - Low**


**Average length of time spent - 60mins**

**Average distance - 3 miles**

**Steps achieved - 6,000**

 Rain safe

 Pet friendly

 Signup: No, just show up

 Equipment needed: No

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## Vestry House Museum (12,000 steps)


Vestry House Museum is a history museum, originally built as a workhouse and then later used as a police station (among the exhibits is a replica police cell demonstrating one the building's previous uses).

[www.walthamforest.gov.uk/content/vestry-house-museum](http://www.walthamforest.gov.uk/content/vestry-house-museum)

 **Culture & interests**

 **Walthamstow Central**

 **Free**

 **Vestry House, Vestry Road, Walthamstow, London E17 9NH**

 **Wednesday to Sunday 10am-5pm**

 **020 8496 4391**

**Fitness level - Any**

**Walking type - Medium**


**Average length of time spent - 120mins**


**Average distance - 6 miles**

**Steps achieved - 12,000**

 Rain safe

 Pet friendly

 Signup: No, just show up

 Equipment needed: No

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## Wood Street Walls (12,000 steps)

Wood Street Walls aims to create beautiful and accessible public art for the enjoyment of the community, provide free monthly workshops for local groups and establish a new affordable creative hub for Waltham Forest and its artists through the creation of Wood Street Studios. Its street art can be seen throughout Walthamstow.

[www.woodstreetwalls.co.uk](http://www.woodstreetwalls.co.uk)

 **Art**

 **Walthamstow Central**

 **Free**

 **Various, see website**

 **Any time**

 **N/A**

**Fitness level - Any**

**Walking type - High**


**Average length of time spent - 60mins**

**Average distance - 6 miles**

**Steps achieved - 12,000**

 Rain safe

 Pet friendly

 Signup: No, just show up

 Equipment needed: No

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## Walthamstow Pumphouse (12,000 steps)


The museum is housed in and around a Grade II-listed former Victorian waste water pumping station. It is devoted to the technology, transport and industrial history of Walthamstow and the Lea Valley.

[www.e17pumphouse.org.uk](http://www.e17pumphouse.org.uk)

 **Culture & interests**

 **Walthamstow Central**

 **Free**

 **10 South Access Road,  
Walthamstow, London E17 8AX**

 **Last Sunday of the month**

 **020 8521 1766**

**Fitness level - Any**

**Walking type - Medium**


**Average length of time spent - 120mins**

**Average distance - 6 miles**

**Steps achieved - 12,000**

 Rain safe

 Pet friendly

 Signup: No, just show up

 Equipment needed: No

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## Walthamstow Marshes (12,000 steps)

Walthamstow Marshes is a 36.7 hectare biological site of special scientific interest in Walthamstow in the London Borough of Waltham Forest. It was once an area of Lammas Lands — common land used for growing crops and grazing cattle.

[www.visitleevalley.org.uk/en/content/cms/nature/nature-reserve/walthamstow-marshes](http://www.visitleevalley.org.uk/en/content/cms/nature/nature-reserve/walthamstow-marshes)

 **Gardens & parks**

 **Walthamstow Central**

 **Free**

 **Lea Bridge Road, Walthamstow,  
London E10 7QL**

 **Any time**

 **03000 030 610**

**Fitness level** - Any

**Walking type** - Medium


**Average length of time spent** - 120mins

**Average distance** - 6 miles

**Steps achieved** - 12,000

 Rain safe

 Pet friendly

 Signup: No, just show up

 Equipment needed: No

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## God's Own Junkyard (3,000 steps)


God's Own Junkyard showcases neon artist Chris Bracey's personal collection of work in a salvage yard in Walthamstow. It contains everything from his signage for Soho sex clubs in the Sixties to his work for the movie industry, including pieces that were used in 'Captain America', 'Eyes Wide Shut', 'Byzantium' and more.

[www.godsownjunkyard.co.uk](http://www.godsownjunkyard.co.uk)

 **Culture & interests**

 **Walthamstow Central**

 **Free**

 **Unit 12, Ravenswood Industrial  
Estate, Shernhall Street,  
Walthamstow, London E17 9HQ**

 **Friday to Sunday 11am-9pm**

 **020 8521 8066**

**Fitness level** - Any

**Walking type** - Low


**Average length of time spent** - 60mins

**Average distance** - 1.5 miles

**Steps achieved** - 3,000

 Rain safe

 Pet friendly

 Signup: No, just show up

 Equipment needed: No

## Wood Street Indoor Market (3,000 steps)

This indoor Victorian market was previously a cinema, and is packed with lots of quirky boutique shops.

[www.woodstreetindoormarket.co.uk](http://www.woodstreetindoormarket.co.uk)

 **Market**

 **Walthamstow Central**

 **Free**

 **98-100 Wood Street, Walthamstow,  
London E17 3HX**

 **Tuesday to Saturday 10am-5.30pm**

 **020 8521 0410**

**Fitness level - Any**

**Walking type - Low**

**Average length of time spent - 30mins**

**Average distance - 1.5 miles**

**Steps achieved - 3,000**

✓ Rain safe

✓ Pet friendly

✗ Signup: No, just show up

✗ Equipment needed: No

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## East of Eden (9,000 steps)

East of Eden is a yoga and Pilates studio that runs a number of different classes for all abilities.

[www.edeneast.co.uk](http://www.edeneast.co.uk)

 **Yoga/Pilates**

 **Walthamstow Central**

 **£10+**

 **Studio 1, The Tramworks, 14  
Hatherley Mews, Walthamstow,  
London E17 4QP**

 **Monday to Sunday 7am-9pm**

 **020 3583 7530**

**Fitness level - Intermediate**

**Walking type - Medium**

**Average length of time spent - 45mins**

**Average distance - 4.5 miles**

**Steps achieved - 9,000**

✓ Rain safe

✗ Pet friendly

✗ Signup: Email signup

✗ Equipment needed: Gym clothing

## Waltham Forest Feel Good Centre (6,000 steps)

Waltham Forest Feel Good Centre is part of the Council's multi-million-pound improvement programme to leisure facilities across the borough. It is a gym with a 400m running track, various pools and activities for people of all ages.

[www.better.org.uk/leisure-centre/london/waltham-forest/waltham-forest-feel-good-centre](http://www.better.org.uk/leisure-centre/london/waltham-forest/waltham-forest-feel-good-centre)

 **Fitness**

 **Walthamstow Central**

 **Free**

 **170 Chingford Road, Walthamstow,  
London E17 5AA**

 **Monday to Sunday 6am-10pm**

 **020 3859 1055**

**Fitness level** - Mixed

**Walking type** - Medium


**Average length of time spent** - 60mins

**Average distance** - 3 miles

**Steps achieved** - 6,000

 Rain safe

 Pet friendly

 Signup: Yes, full membership

 Equipment needed: Yes

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