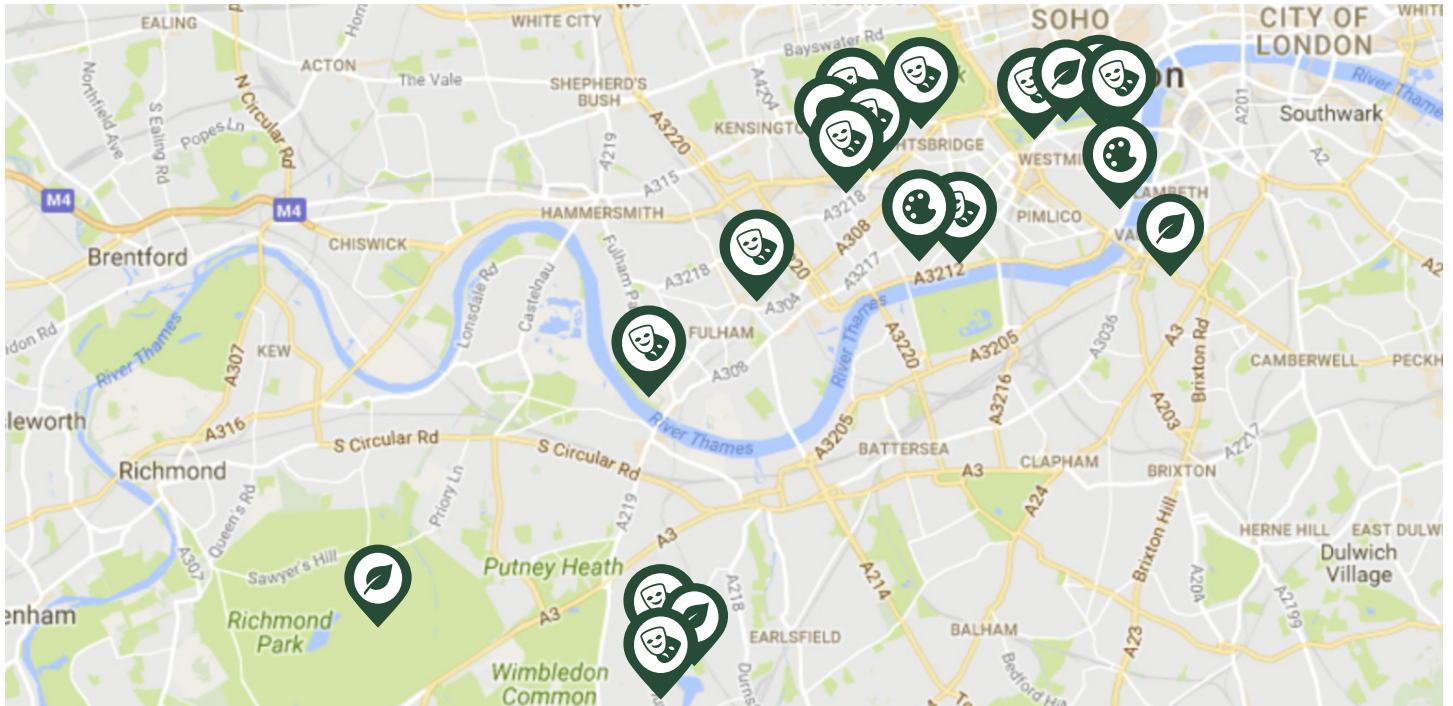


John Lewis

HIT THE STREETS AND DISCOVER THESE LOCAL HIGHLIGHTS



Key: Culture & interests Gardens & parks Art Market Fitness

Natural History Museum (930 steps)

The Natural History Museum is home to life and earth science specimens comprising some 80 million items within five main collections: botany, entomology, mineralogy, paleontology and zoology.

www.nhm.ac.uk

Culture & interests

South Kensington

Free

Cromwell Road, London SW7 5BD

10am - 5:50pm

020 7942 5000

Fitness level - Any

Walking type - Low

Average length of time spent - 60mins

Average distance - 0.5 miles

Steps achieved - 930

- Rain safe
- Pet friendly
- Signup: No
- Equipment needed: No



Victoria and Albert Museum (5,425 steps)

The Victoria and Albert Museum is the world's largest museum of decorative arts and design, housing a permanent collection of over 4.5 million objects. It was founded in 1852 and named after Queen Victoria and Prince Albert.

www.vam.ac.uk



Culture & interests



South Kensington



Prices vary



Cromwell Road, London SW7 2RL



**Saturday to Thursday 10am - 5:45pm
Friday 10am - 10pm**



020 7942 2000

Fitness level - Any

Walking type - Low

Average length of time spent - 150mins

Average distance - 2.7 miles

Steps achieved - 5,425



Rain safe



Pet friendly



Signup: No



Equipment needed: No



Richmond Park (7,673 steps)

Richmond Park, in the London Borough of Richmond upon Thames, was created by Charles I in the 17th century as a deer park. The largest of London's Royal Parks, it is of national and international importance for wildlife conservation.

www.royalparks.org.uk



Gardens & parks



Richmond



Free



London TW10 5HS



Monday to Sunday 7am - 7:45pm



0300 061 2200

Fitness level - Any

Walking type - High

Average length of time spent - 90mins

Average distance - 3.8 miles

Steps achieved - 7,673



Rain safe



Pet friendly



Signup: No, just show up



Equipment needed: No

Wimbledon Lawn Tennis Museum (4,650 steps)


Wimbledon Lawn Tennis Museum is the largest tennis museum in the world. It was inaugurated at The Championships centenary event in 1977. It has exhibits and artefacts dating back to 1555, as well as memorabilia from many famous players.

www.wimbledon.com/en_GB/museum_and_tours/index.html

 **Culture & interests**

 **Wimbledon**

 **£ £24**

 **All England Lawn Tennis Club,
London SW19 5AE**

 **10am - 5.30pm**

 **020 8946 6131**

Fitness level - Any

Walking type - Medium

Average length of time spent - 90mins

Average distance - 2.3 miles

Steps achieved - 4,650

✓ Rain safe

✗ Pet friendly

✓ Signup: Yes

✗ Equipment needed: No

Tate Britain (5,425 steps)

Tate Britain is an art museum in the City of Westminster, which opened in 1897. It houses a substantial collection of the art of the UK since Tudor times, and in particular has large holdings of the works of JMW Turner.

www.tate.org.uk/britain

 **Art**

 **Pimlico**

 **Prices vary**

 **Millbank, London SW1P 4RG**

 **10am - 6pm**

 **020 7887 8888**

Fitness level - Any

Walking type - Low

Average length of time spent - 150mins

Average distance - 2.7 miles

Steps achieved - 5,425

✓ Rain safe

✗ Pet friendly

✗ Signup: No

✗ Equipment needed: No

Chelsea Football Club Stadium (3,100 steps)

Chelsea FC's stadium includes a museum and runs an hour-long guided tour that will take you behind the scenes at one of the world's greatest football clubs, giving you access to areas normally reserved for players and officials.

www.chelseafc.com/the-club/stadium-tours-and-museum.html

Culture & interests

 Fulham Broadway

 £19

 London SW6 1EA

 10am - 3pm

 0371 811 1955

Fitness level - Any

Walking type - Medium

Average length of time spent - 60mins

Average distance - 1.6 miles

Steps achieved - 3,100

✓ Rain safe

✗ Pet friendly

✓ Signup: Yes

✗ Equipment needed: No

Churchill War Rooms (7,750 steps)

The Churchill War Rooms is part of the Imperial War Museum. The museum comprises a historic underground complex that housed a British government command centre throughout WWII, and a biographical museum exploring the life of Winston Churchill.

www.iwm.org.uk/visits/churchill-war-rooms

Culture & interests

 Charing Cross

 Prices vary

 King Charles Street, London
SW1A 2AQ

 9:30am - 7pm

 020 7930 6961

Fitness level - Any

Walking type - Medium

Average length of time spent - 150mins

Average distance - 3.9 miles

Steps achieved - 7,750

✓ Rain safe

✗ Pet friendly

✗ Signup: No

✗ Equipment needed: No

St James's Park (6,820 steps)

St James's Park includes The Mall and Horse Guards Parade and is at the heart of ceremonial London, providing the setting for spectacular pageants including the annual Trooping the Colour.


www.royalparks.org.uk/parks/st-jamess-park

 **Gardens & parks**

 **Green Park**

 **Free**

 **London SW1A 2BJ**

 **5am - 12am**

 **0300 061 2350**

Fitness level - Any

Walking type - Medium

Average length of time spent - 120mins

Average distance - 3.4 miles

Steps achieved - 6,820

✓ Rain safe

✓ Pet friendly

✗ Signup: No

✗ Equipment needed: No

Memorial Scrolls Trust (6,200 steps)

This museum tells the story of 1,564 sacred Scrolls of the Law from Czechoslovakia, which arrived at Kent House, the home of Westminster Synagogue, in February 1964 – a small but remarkable episode in the tragedy of European Jewry.

www.memorialscrollstrust.org

 **Culture & interests**

 **Knightsbridge**

 **Prices Vary**

 **Kent House, Rutland Gardens
London SW7 1BX**

 **Monday to Thursday 10am - 4pm
Friday to Sunday Closed**

 **020 7584 3741**

Fitness level - Any

Walking type - Medium

Average length of time spent - 120mins

Average distance - 3.1 miles

Steps achieved - 6,200

✓ Rain safe

✗ Pet friendly

✗ Signup: No

✗ Equipment needed: No

National Army Museum (6,200 steps)

The National Army Museum is the British Army's central museum. It is adjacent to the Royal Hospital Chelsea, the home of the 'Chelsea Pensioners'. It houses five galleries that cover British military history from the English Civil War up to modern day.

www.nam.ac.uk

 **Culture & interests**

 **Sloane Square**

 **Prices Vary**

 **Royal Hospital Road, London
SW3 4HT**

 **10am - 5:30pm**

 **020 7730 0717**

Fitness level - Any

Walking type - Medium

Average length of time spent - 120mins

Average distance - 3.1 miles

Steps achieved - 6,200

✓ Rain safe

✗ Pet friendly

✗ Signup: No

✗ Equipment needed: No

Saatchi Gallery (6,200 steps)

The Saatchi Gallery is a London gallery for contemporary art, opened by Charles Saatchi in 1985 in order to exhibit his collection to the public.

www.saatchigallery.com

 **Art**

 **Sloane Square**

 **Prices Vary**

 **Duke of York's HQ, King's Road
London SW3 4RY**

 **10am - 6pm**

 **020 7811 3070**

Fitness level - Any

Walking type - Medium

Average length of time spent - 120mins

Average distance - 3.1 miles

Steps achieved - 6,200

✓ Rain safe

✗ Pet friendly

✗ Signup: No

✗ Equipment needed: No

Polish Institute and Sikorski Museum (6,200 steps)

The Polish Institute and Sikorski Museum, commonly known as Sikorski Institute, was created to preserve the memory of the Polish armed forces in the West and their contribution to World War II.

<http://www.pism.co.uk/>

 **Culture & interests**

 **Knightsbridge**

 **Prices Vary**

 **20 Prince's Gate, London SW7 1PT**

 **Tuesday to Friday 2pm - 4pm
Saturday to Monday Closed**

 **020 7589 9249**

Fitness level - Any

Walking type - Medium

Average length of time spent - 60mins

Average distance - 3.1 miles

Steps achieved - 6,200

✓ Rain safe

✗ Pet friendly

✗ Signup: No

✗ Equipment needed: No

The Queen's Gallery, Buckingham Palace (5,580 steps)

The Queen's Gallery is a public art gallery at Buckingham Palace. It exhibits works of art from the Royal Collection on a rotating basis; about 450 works are on display at any one time.

www.royalcollection.org.uk/visit/the-queens-gallery-buckingham-palace

 **Culture & interests**

 **St James's Park**

 **Free**

 **Buckingham Palace Road
London SW1A 1AA**

 **10am - 5:30pm**

 **0303 123 7301**

Fitness level - Any

Walking type - Medium

Average length of time spent - 120mins

Average distance - 2.8 miles

Steps achieved - 5,580

✓ Rain safe

✗ Pet friendly

✗ Signup: No

✗ Equipment needed: No

Institute Of Contemporary Arts (5,580 steps)

The Institute of Contemporary Arts contains galleries, a theatre, two cinemas, a bookshop and a bar.

www.ica.org.uk

 **Art**

 **Charing Cross**

 **Free**

 **The Mall, London SW1Y 5AH**

 **11am - 11pm**

 **020 7930 3647**

Fitness level - Any

Walking type - Medium

Average length of time spent - 120mins

Average distance - 2.8 miles

Steps achieved - 5,580

 Rain safe

 Pet friendly

 Signup: No

 Equipment needed: No

Wimbledon Park (5,115 steps)

Wimbledon Park is a 67-acre green space next to the All England Lawn Tennis and Croquet Club. It has one of the largest lakes in south London.

www.merton.gov.uk/wimbledon-park

 **Gardens & parks**

 **Southfields**

 **Free**

 **Wimbledon Park Road
London SW4 5DX**

 **Times vary**

 **020 8545 3930**

Fitness level - Any

Walking type - Medium

Average length of time spent - 90mins

Average distance - 2.6 miles

Steps achieved - 5,115

 Rain safe

 Pet friendly

 Signup: No

 Equipment needed: No

Science Museum (3,100 steps)

The Science Museum is a major museum in South Kensington. It was founded in 1857 and today is one of the city's major tourist attractions, attracting 3.3 million visitors annually to see its collection of more than 300,000 items.

www.sciencemuseum.org.uk

 **Culture & interests**

 **Gloucester Road**

 **Free**

 **Exhibition Road, London SW7 2DD**

 **10am - 6pm**

 **0870 870 4868**

Fitness level - Any

Walking type - Medium

Average length of time spent - 60mins

Average distance - 1.6 miles

Steps achieved - 3,100

✓ Rain safe

✗ Pet friendly

✗ Signup: No

✗ Equipment needed: No

Wimbledon Park Bowls Club (4,960 steps)

Wimbledon Park Bowls Club is located in front of the pavilion near to the watersports centre/lake in Wimbledon Park. Free lawn bowls coaching and equipment is provided.

www.wimbledonparkbowlsclub.co.uk

 **Activity**

 **Wimbledon Park**

 **£10**

 **32 Leopold Road
London SW19 7BD**

 **11am - 8pm**

 **0208 265 5475**

Fitness level - Any

Walking type - Low

Average length of time spent - 120mins

Average distance - 2.5 miles

Steps achieved - 4,960

✗ Rain safe

✗ Pet friendly

✓ Signup: Yes

✗ Equipment needed: No

Fulham Palace (4,185 steps)

Standing alongside Bishops Park, Fulham Palace is a Grade I-listed building with medieval origins, and was formerly the principal residence of the Bishop of London. It houses a museum of its long history, and also has a large botanical garden.

www.fulhampalace.org

 **Gardens & parks**

 **Putney Bridge**

 **Prices vary**

 **Bishop's Avenue, London SW6 6EA**

 **10am - 4pm**

 **020 7736 3233**

Fitness level - Any

Walking type - Low

Average length of time spent - 90mins

Average distance - 2 miles

Steps achieved - 4,185

✓ Rain safe

✓ Pet friendly

✗ Signup: No

✗ Equipment needed: No

Bonnington Square Gardens (4,030 steps)

Bonnington Square Gardens was designed in homage to Vauxhall Pleasure Gardens to be a delightful children's play space and a sanctuary from the big city. It is exclusively maintained by local residents.

www.bonningtonsquaregarden.org.uk

 **Gardens & parks**

 **Oval**

 **Free**

 **Bonnington Square
London SW8 1TE**

 **9:30am - 6pm**

 **020 7450 3773**

Fitness level - Any

Walking type - High

Average length of time spent - 60mins

Average distance - 2 miles

Steps achieved - 4,030

✗ Rain safe

✓ Pet friendly

✗ Signup: No

✗ Equipment needed: No