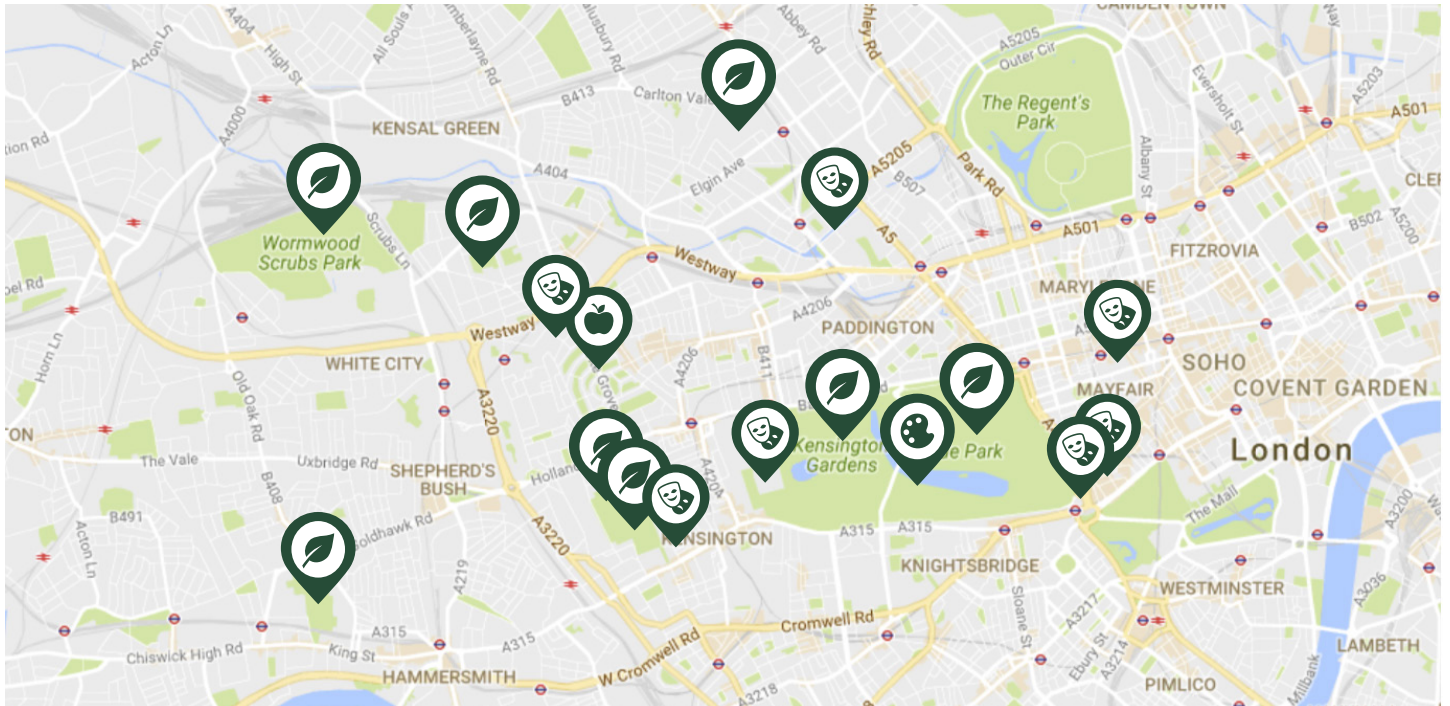


# John Lewis

HIT THE STREETS AND DISCOVER THESE LOCAL HIGHLIGHTS



Key: Culture & interests Gardens & parks Art Market Fitness

## Kensington Palace (7,750 steps)

Kensington Palace has been a residence of the British Royal Family since the 17th century, and is presently the official London residence of the Duke and Duchess of Cambridge and Prince Harry.

[www.hrp.org.uk/kensingtonpalace](http://www.hrp.org.uk/kensingtonpalace)

**Culture & interests**

**High Street Kensington**

**Prices Vary**

**Kensington Park,  
London W8 4PX**

**Monday to Sunday 10am - 6pm**

**020 7224 3688**

**Fitness level - Any**

**Walking type - Medium**

**Average length of time spent - 150mins**

**Average distance - 3.9 miles**

**Steps achieved - 7,750**

✓ Rain safe

✗ Pet friendly

✗ Signup: No, just show up

✗ Equipment needed: No

## Portobello Road (3,255 steps)

Portobello Road is a street in the Notting Hill district of the Royal Borough of Kensington and Chelsea in west London. It is the world's largest antiques market, with over 1,000 dealers selling every kind of antique and collectible.

[www.portobelloroad.co.uk](http://www.portobelloroad.co.uk)

 **Market**

 **Ladbroke Grove**

 **Free**

 **London W11 1LU**

 **Times vary**

 **020 7361 3001**

**Fitness level** - Any

**Walking type** - Medium


**Average length of time spent** - 60mins

**Average distance** - 1.6 miles

**Steps achieved** - 3,255

 Rain safe

 Pet friendly

 Signup: No, just show up

 Equipment needed: No

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## Kensington Memorial Park (4,030 steps)

This park offers many recreational activities, including pleasant formal areas, a children's playground, tennis, football, junior cricket and One O'Clock Club. A kiosk is open during the summer months.

[www.rbkc.gov.uk/leisure-and-culture/parks/kensington-memorial-park](http://www.rbkc.gov.uk/leisure-and-culture/parks/kensington-memorial-park)

 **Gardens & parks**

 **Ladbroke Grove**

 **Free**

 **St Mark's Road, London W10 6NP**

 **Times vary**

 **020 7361 3003**

**Fitness level** - Any

**Walking type** - High

**Average length of time spent** - 60mins

**Average distance** - 2 miles

**Steps achieved** - 4,030

 Rain safe

 Pet friendly

 Signup: No

 Equipment needed: No

## Paddington Recreation Ground (6,820 steps)

Paddington Recreation Ground is notable as the earliest public athletic ground of its kind in London. Still the largest area of parkland within the City of Westminster, it attracts users who visit the Ground for its green-space value.

[www.everyoneactive.com/centre/paddington-recreation-ground](http://www.everyoneactive.com/centre/paddington-recreation-ground)

 **Gardens & parks**

 **Maida Vale**

 **Free**

 **Randolph Ave, Maida Vale, London W9 1PD**

 **Monday to Friday 7am - 9.30pm  
Saturday to Sunday 7am - 6pm**

 **020 7641 3642**

**Fitness level - Any**

**Walking type - Low**


**Average length of time spent - 60mins**

**Average distance - 3.4 miles**

**Steps achieved - 6,820**

 Rain safe

 Pet friendly

 Signup: No, just show up

 Equipment needed: No

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## Museum of Brands, Packaging and Advertising (6,200 steps)

The Museum of Brands, Packaging and Advertising in London examines the history of consumer culture from Victorian times to the present day. The museum was set up as a registered charity in 2002.

[www.museumofbrands.com](http://www.museumofbrands.com)

 **Culture & interests**

 **Ladbroke Grove**

 **Prices Vary**

 **111-117 Lancaster Road, Notting Hill, London W11 1QT**

 **Wednesday to Sunday 12pm - 5pm**

 **020 7243 9611**

**Fitness level - Any**

**Walking type - Medium**


**Average length of time spent - 120mins**

**Average distance - 3.1 miles**

**Steps achieved - 6,200**

 Rain safe

 Pet friendly

 Signup: No, just show up

 Equipment needed: No

## Apsley House (6,200 steps)

Apsley House, formerly known as Number One, London, is the London townhouse of the Dukes of Wellington. It is a Grade I listed building. It is sometimes referred to as the Wellington Museum.

[www.english-heritage.org.uk/visit/places/apsley-house](http://www.english-heritage.org.uk/visit/places/apsley-house)

 **Culture & interests**

 **Knightsbridge**

 **Prices Vary**

 **149 Piccadilly, London W1J 7NT**

 **Times vary**

 **0370 333 1181**

**Fitness level** - Any

**Walking type** - Medium

**Average length of time spent** - 120mins

**Average distance** - 3.1 miles

**Steps achieved** - 6,200

✓ Rain safe

✗ Pet friendly

✗ Signup: No, just show up

✗ Equipment needed: No

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## The Vault (6,200 steps)

Part of the Natural History Museum, this exhibition features the world's largest collection of coloured diamonds, gems that glow in the dark and rare meteorites from out of this world.

[www.nhm.ac.uk/visit/galleries-and-museum-map/the-vault.html](http://www.nhm.ac.uk/visit/galleries-and-museum-map/the-vault.html)

 **Culture & interests**

 **Knightsbridge**

 **Prices Vary**

 **Cromwell Road, London SW7 5BD**

 **Times vary**

 **020 7942 5000**

**Fitness level** - Any

**Walking type** - Medium

**Average length of time spent** - 120mins

**Average distance** - 3.1 miles

**Steps achieved** - 6,200

✓ Rain safe

✗ Pet friendly

✗ Signup: No, just show up

✗ Equipment needed: No

## Royal Academy of Arts (5,580 steps)

The Royal Academy of Arts has a unique position as an independent, privately funded institution led by eminent artists and architects. Its purpose is to promote the creation, enjoyment and appreciation of the visual arts through exhibitions, education and debate.

[www.royalacademy.org.uk](http://www.royalacademy.org.uk)

 **Culture & interests**

 **Green Park**

 **Prices Vary**

 **Burlington House, Piccadilly,  
Mayfair, London W1J 0BD**

 **Monday to Sunday 10am - 6pm**

 **020 7300 8090**

**Fitness level** - Any

**Walking type** - Medium

**Average length of time spent** - 120mins

**Average distance** - 2.8 miles

**Steps achieved** - 5,580

✓ Rain safe

✗ Pet friendly

✗ Signup: No, just show up

✗ Equipment needed: No

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## Hyde Park (5,115 steps)

Hyde Park is one of the capital's eight Royal Parks. It covers 350 acres and is home to a number of famous landmarks, including the Serpentine Lake, Speakers' Corner and the Diana, Princess of Wales Memorial Fountain.

[www.royalparks.org.uk/parks/hyde-park](http://www.royalparks.org.uk/parks/hyde-park)

 **Gardens & parks**

 **Lancaster Gate**

 **Free**

 **London W2 2UH**

 **Monday to Sunday 5am - 12pm**

 **0300 061 2000**

**Fitness level** - Any

**Walking type** - Medium

**Average length of time spent** - 90mins

**Average distance** - 2.5 miles

**Steps achieved** - 5,115

✗ Rain safe

✓ Pet friendly

✗ Signup: No, just show up

✗ Equipment needed: No



## Kensington Gardens (5,115 steps)

Kensington Gardens are shared by the City of Westminster and the Royal Borough of Kensington and Chelsea, and sit immediately to the west of Hyde Park. They cover an area of 270 acres.

[www.royalparks.org.uk/parks/kensington-gardens](http://www.royalparks.org.uk/parks/kensington-gardens)

 **Gardens & parks**

 **Queensway**

 **Free**

 **London W2 2UH**

 **Tuesday to Sunday 6am - 9pm**

 **0300 061 2000**

**Fitness level** - Any

**Walking type** - Medium


**Average length of time spent** - 90mins

**Average distance** - 2.5 miles

**Steps achieved** - 5,115

 Rain safe

 Pet friendly

 Signup: No, just show up

 Equipment needed: Gym clothing

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## Little Venice (5,115 steps)

Little Venice is a scenic and affluent part of London, known for its canals and moored boats. Much of the property in the area consists of Regency-style white painted stucco terraced mansions and townhouses.

[www.canalrivertrust.org.uk/places-to-visit/68-little-venice](http://www.canalrivertrust.org.uk/places-to-visit/68-little-venice)

 **Culture & interests**

 **Warwick Avenue**

 **Free**

 **Blomfield Road, London W9 2PF**

 **Times vary**

 **N/A**

**Fitness level** - Any

**Walking type** - Medium


**Average length of time spent** - 90mins

**Average distance** - 2.6 miles

**Steps achieved** - 5,115

 Rain safe

 Pet friendly

 Signup: No, just show up

 Equipment needed: No

## Ravenscourt Park (5,115 steps)

Ravenscourt Park is a public park and garden located in the London Borough of Hammersmith and Fulham. It is one of the Borough's flagship parks, having won a Green Flag Award.

[www.lbhf.gov.uk/Directory/Environment\\_and\\_Planning/Parks\\_and\\_open\\_spaces/Find\\_a\\_park/112407\\_Ravenscourt\\_Park.asp](http://www.lbhf.gov.uk/Directory/Environment_and_Planning/Parks_and_open_spaces/Find_a_park/112407_Ravenscourt_Park.asp)

 **Gardens & parks**

 **Ravenscourt Park**

 **Free**

 **Paddenswick Road, London W6 0UA**

 **Monday to Sunday 9am - 6.30pm**

 **020 8748 3020**

**Fitness level** - Any

**Walking type** - Low

**Average length of time spent** - 90mins

**Average distance** - 2.5 miles

**Steps achieved** - 5,115

 Rain safe

 Pet friendly

 Signup: Yes, tickets required

 Equipment needed: No

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## Kyoto Garden, London (4,030 steps)

Situated in Holland Park, this garden was created by an eminent Japanese designer and features colourful plants, shrubs and water features.

<https://www.rbkc.gov.uk/leisure-and-culture/parks/holland-park>

 **Gardens & parks**

 **High Street Kensington**

 **Free**

 **Holland Park, Holland Park Ave, Kensington, London W11 4UA**

 **Monday to Sunday 10am - 6pm**

 **020 7361 3003**

**Fitness level** - Any

**Walking type** - Low


**Average length of time spent** - 60mins


**Average distance** - 2 miles

**Steps achieved** - 4,030

 Rain safe

 Pet friendly

 Signup: No, just show up

 Equipment needed: No

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## Wormwood Scrubs Park (3,410 steps)

Wormwood Scrubs Park is one of the largest areas of common in London.

Leisure facilities include play areas, walking/cycling routes, sports pitches, a model aircraft runway and much more.

[www.lbhf.gov.uk/arts-and-parks/parks-and-open-spaces/wormwood-scrubs-open-space](http://www.lbhf.gov.uk/arts-and-parks/parks-and-open-spaces/wormwood-scrubs-open-space)

 **Gardens & parks**

 **East Acton**

 **Free**

 **London W12 0DF**

 **Any time**

 **07891 833250**

**Fitness level** - Any

**Walking type** - Medium


**Average length of time spent** - 60mins

**Average distance** - 1.7 miles

**Steps achieved** - 3,410

 Rain safe

 Pet friendly

 Signup: No, just show up

 Equipment needed: No

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## Holland Park (4,030 steps)

Holland Park is a district and a public park in the Royal Borough of Kensington and Chelsea, in west London.

<https://www.rbkc.gov.uk/leisure-and-culture/parks/holland-park>

 **Gardens & parks**

 **High Street Kensington**

 **Free**

 **Ilchester Place, Kensington, London W8 6LU**

 **Times vary**

 **020 7602 2226**

**Fitness level** - Any

**Walking type** - High


**Average length of time spent** - 90mins

**Average distance** - 2 miles

**Steps achieved** - 4,030

 Rain safe

 Pet friendly

 Signup: No, just show up

 Equipment needed: No

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## Serpentine Gallery (3,255 steps)

The Serpentine Galleries are two contemporary art galleries within five minutes' walk of each other, linked by the bridge over the Serpentine Lake. Their public programmes attract up to 1.2 million visitors a year.

[www.serpentinegalleries.org](http://www.serpentinegalleries.org)

 **Art**

 **Marble Arch**

 **Free**

 **Kensington Gardens, London  
W2 3XA**

 **Times vary**

 **020 7402 6075**

**Fitness level - Any**

**Walking type - Low**

**Average length of time spent - 90mins**

**Average distance - 1.6 miles**

**Steps achieved - 3,255**

- ✓ Rain safe
- ✗ Pet friendly
- ✗ Signup: No
- ✗ Equipment needed: No

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## Design Museum (3,100 steps)

Now open in its spectacular new location on High Street Kensington, The Design Museum is the world's leading museum devoted to contemporary design in every form from architecture and fashion to graphics, product and industrial design.

[www.designmuseum.org](http://www.designmuseum.org)

 **Culture & interests**

 **Earl's Court**

 **Prices Vary**

 **224-238 Kensington High Street,  
Kensington, London W8 6AG**

 **Monday to Sunday 10am - 6pm**

 **020 7403 6933**

**Fitness level - Any**

**Walking type - Medium**

**Average length of time spent - 60mins**

**Average distance - 1.6 miles**

**Steps achieved - 3,100**

- ✓ Rain safe
  - ✗ Pet friendly
  - ✗ Signup: No
  - ✗ Equipment needed: No
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