

Chest

	inches	cm
2 years	20.5	51
3–4 years	22.5	56
5–6 years	24.5	61
7–8 years	26	66
9–10 years	28	71
11–12 years	30	76
13 years	32	81
14 years	34	86

Waist

	inches	cm
2 years	20.5	51
3–4 years	21	53
5–6 years	22.5	56
7–8 years	23	58
9–10 years	24.5	61
11–12 years	25	63
13 years	26	66
14 years	27.5	69