

John Lewis Stock Number	54631006
Name	For Him Gift Basket
Contents	The Cambridge Confectionery Company Sea Salt & Caramel Barrel Bar 90g Glastonbury Cider from the Land Magog 500ml Glastonbury Craft ZEN Botanical Infusion Beer 500ml Glastonbury Real Ale Lady of the Lake Ale 500ml Burts British Hand Cooked Potato Chips Sea Salt 150g The Kindness Bakery Cheese Straws 100g Mr Filbert's Sweet Chilli Rice Crackers 150g
Net Quantity	Individual product weights
Manufacturer's name and address	Packer: Virginia Hayward Ltd
Suitable for vegetarians	N
Suitable for vegans	N
Suitable for nut allergy sufferers	N
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	N
Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	N
Free from alcohol	N
Free from artificial flavours	N
Free from artificial colours	N

Refer to following sheets for individual product information.

All information has been provided by the product manufacturers/suppliers and is correct at time of publication.

If you have a specific dietary requirement, we ask you to remain especially vigilant and to closely observe the individual nutrient and allergen information which exists on all of the individual components of the gift, prior to consumption.

If you have any doubts whatsoever as to whether the content may potentially be harmful to your health please refrain from consuming.



Ingredients and Allergy Information

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John Lewis Stock Number	
Name	The Cambridge Confectionery Company Sea Salt & Caramel Barrel Bar 90g
Ingredients	Sugar, Whole MILK Powder , Cocoa Butter, Cocoa Mass, Toffee Pieces (12%) (Sugar, Glucose Syrup, Vegetable Fat (Shea Oil, Palm Oil, Emulsifier: Sunflower Lecithin (E322)), Palm Oil, Water, Butter (MILK), Vegetable Oil (Palm Oil Fractions), Salt, Emulsifier: SOYA Lecithin (E322), Plain Caramel E150a, Raising Agent: E500ii), Emulsifier: SOYA Lecithin (E322), Sea Salt (less than 1%), Natural Vanilla Flavouring MILK Chocolate Contains: Minimum 33.5% Cocoa Solids Minimum 22% MILK Solids ALLERGEN ADVICE: For allergens see ingredients in BOLD CAPITALS

For allergens, see ingredients in bold or CAPS	
May contain statements	Cereals containing gluten namely wheat Eggs Tree Nuts Peanuts
Country of Origin	Sulphites/Sulphur Dioxide United Kingdom
Storage Instructions	STORE IN A COOL DRY PLACE AWAY FROM DIRECT SUNLIGHT AND STRONG ODOURS
Manufacturer's Name and Address	Calico Cottage, Unit 4, Arthur Park, March, Cambridgeshire, United Kingdom, PE150AZ
Instructions for use	None

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2268 / 542
Fat	32.7
Of which saturated	19.5
Carbohydrate	54.8
Of which sugars	50.9
Fibre	1.7
Protein	6.2
Salt	0.83

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	No
Free from artificial colours	No



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John Lewis Stock Number	
Name	Glastonbury Cider from the Land Magog 500ml
Ingredients	Cider apples, water, sugar, carbon dioxide, malic acid, SULPHITES .

For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place out of direct sunlight
Manufacturer's Name and Address	Glastonbury Brewing Company Ltd, Park Corner Farm, Edgarley, Glastonbury, SOMERSET, United Kingdom, BA6 8JY
Instructions for use	drink

Alcoholic Strength	4.2
Suitable for vegetarians	No
Suitable for vegans	No
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/celiac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	No
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number	
Name	Glastonbury Craft ZEN Botanical Infusion Beer 500ml
Ingredients	GLUTEN , malted BARLEY , natural hops, yeast and water. cardamon pods, coriander seeds, kaffir lyme leaves, juniper berries

For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Please store in a cool dry place below 16 degrees
Manufacturer's Name and Address	Glastonbury Brewing Company Ltd, Park Corner Farm, Edgarley, Glastonbury, SOMERSET, United Kingdom, BA6 8JY
Instructions for use	drink

Alcoholic Strength	4.2
Suitable for vegetarians	No
Suitable for vegans	No
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/ceciac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	No
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number	
Name	Glastonbury Real Ale Lady of the Lake Ale 500ml
Ingredients	GLUTEN ,malted BARLEY and WHEAT ,natural hops,yeast and water

For allergens, see ingredients in bold or CAPS

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place away from direct sunlight
Manufacturer's Name and Address	Glastonbury Brewing Company Ltd, Park Corner Farm, Edgarley, Glastonbury, SOMERSET, United Kingdom, BA6 8JY
Instructions for use	Drink

Alcoholic Strength	4.2
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	No
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number	
Name	Burts British Hand Cooked Potato Chips Sea Salt 150g
Ingredients	Potatoes, Sunflower Oil, Sea Salt.

For allergens, see ingredients in bold or CAPS

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place away from direct sunlight.
Manufacturer's Name and Address	Burts Snacks Ltd, The Klamp House, Belliver Way, Roborough, Plymouth, Devon, England, PL6 7BP
Instructions for use	Ready to Eat

Nutrition Labelling: Typical value

Energy (kj/kcal)	2169 / 519
Fat	28.8
Of which saturated	2.4
Carbohydrate	58.6
Of which sugars	0.2
Fibre	2.5
Protein	5.1
Salt	1.2

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

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John Lewis Stock Number	
Name	The Kindness Bakery Cheese Straws 100g
Ingredients	WHEAT Flour (WHEAT Flour, WHEAT GLUTEN , Calcium Carbonate, Iron, Niacin, Thiamin), Scottish Cheddar Cheese (20%)(MILK), Vegetable Oil (Palm, Rapeseed), Salt, Vegetable Margarine [Palm and Rapeseed Oil, Water, Salt, Emulsifier (E475),Colour(E102, E160b), Flavouring], Pork Fat, Flour Treatment Agent (E920), Raising Agent (E336), Colour (E102,E110).

For allergens, see ingredients in bold or CAPS	
May contain statements	Eggs Soybeans
Country of Origin	Scotland
Storage Instructions	Once opened store in an air tight container
Manufacturer's Name and Address	Kindness Bakers Ltd, 69 Main Street, New Deer, Turriff, Aberdenshire, Scotland, AB53 6SY
Instructions for use	N/A

Nutrition Labelling: Typical value	
Energy (kj/kcal)	1905 / 454
Fat	31.1
Of which saturated	15.9
Carbohydrate	33.2
Of which sugars	0.5
Fibre	1.6
Protein	11.4
Salt	2.1

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number	
Name	Mr Filbert's Sweet Chilli Rice Crackers 150g
Ingredients	Rice 41%, Sunflower Oil, Sugar, Tapioca Starch, SOY Sauce (water, salt, SOY bean, WHEAT), Salt, Garlic Powder, Colour: E160c, Maltodextrin, Capsicum Extract, Liquorice Powder, Flavour Enhancers: E631, E627

For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	Thailand
Storage Instructions	Ambient
Manufacturer's Name and Address	Filbert's Fine Foods, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Instructions for use	Snacking

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2452 / 584
Fat	39
Of which saturated	3.5
Carbohydrate	54
Of which sugars	13
Fibre	0.7
Protein	3.5
Salt	2.4

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	No
Free from artificial colours	No