John Lewis Stock Number	77060715
Name	PLOUGHMANS
Ingredients	Beer and Black Peppercorn Mustard 175g Mustard Seeds (37%) (sulphites), White Wine Vinegar, Water, Brown Ale (9%) (barley), Pimento, Fenugreek, Salt, Black Pepper, Preservative (sodium metabisulphite). Farmhouse Pate 180g Pork Meat (41%), Pork Liver (30%), Pork Fat (25%), Salt, Spices, Nutmeg, Pepper. Spicy Tomato Chutney 190g Tomatoes (55%), Onions, Brown Sugar, Malt Vinegar (from barley), Modified Maize Starch, Chillies (1%), Mustard (water, mustard (33%), spirit vinegar, sea salt, antioxidant: sodium bisulphite E222), Salt, Curry Powder. Caramelised Onion Chutney 180g Diced Onion (44%), Sugar, Spiced Vinegar (Malt Vinegar, Malt Extract, (both from Barley), Spices), Dates (Contains Rice Flour), Diced Bramley Apple, Dried Diced Apple (Both Apples Contain Preservative: Sodium Metabisulphite (Sulphites), Rapeseed Oil, Salt, Yellow Mustard Flour, Spice. Rosemary Biscuits 150g Wheat Flour, Water, Margarine (palm and rapeseed oil, salt 2%, emulsifier, colourings, flavourings), Shortening (palm and rapeseed oil), Sugar, Sea Salt, Skylark (raising agent E450, wheat flour, salt), Ammonium, Sodium, Rosemary (1%).
For allergens, see ingredients underlined	1
May contain statements	See ingredients and allergens
Net Quantity	875g
Country of Origin	UK
Storage Instructions	N/A
Manufacturer's name and address	Edinburgh Preserves, The Officers Mess, Drem Airfield, Fenton Barns, East Lothian EH39 5AW
Instructions for use	N/A
Nutrition Labelling	Beer and Black Peppercorn Mustard Energy 832kJ/200kcal, Fat 11g (saturates 0.6g), Carbohydrates 9.5g (sugars 0g), Protein 11g, Salt 0.6g Farmhouse Pate Energy 1532kJ/371kcal, Fat 35.2g (saturates 13.6g),

	Carbohydrates 0.6g (sugars 0.6g), Protein 12.5g, Salt 0.6g Spicy Tomato Chutney Energy 472kJ/111kcal, Fat 0.4g (saturates 0g), Carbohydrates 25.7g (sugars 22.5g), Protein 1.3g, Salt 1g Caramelised Onion Chutney Energy 874kJ/209cal, Fat 0.9g (saturates 0.0g). Carbohydrates 50g (sugars 48g), Protein 1.3g, Salt 0.43g Rosemary Biscuits Energy 2108kJ/502kcal, Fat 24.9g (saturates 19g), Carbohydrates 62g (sugars 20g), Protein 7.8g, Salt 3.6g
Alcoholic Strength	N/A
Suitable for vegetarians	N
Suitable for vegans	N
Suitable for nut allergy sufferers	Υ
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	Y
Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	Υ
Free from alcohol	N
Free from artificial flavours	N
Free from artificial colours	N