

Ingredients and Allergy Information

Date of last review: 19/03/2019 Version No.:

John Lewis Stock Number	77022001
Name	Hot chocolate flakes made from dark chocolate
Ingredients	Ingredients: cocoa solids (cocoa mass, cocoa butter), sugar, emulsifier (SOYA lecithin), natural flavour (vanilla).
For allergens, see ingredients in bold	
May contain statements	May contain traces of tree nuts, peanuts, milk, gluten, wheat, egg, sesame.
Net Quantity	250G
Country of Origin	United Kingdom.
Storage Instructions	Store in a cool dry place away from strong odours.
Manufacturer's name and address	HOTEL CHOCOLAT LTD. LONDON, ENGLAND. EC2M 6XB
Instructions for use	These instructions are a guide only. Per serving: 6 heaped teaspoons (35g) drinking chocolate, 220ml milk. 1. Heat the milk in a saucepan over a medium heat, stirring gently with a whisk until hot but not boiling (you should see steam rising). 2. Remove from the hob and add the drinking chocolate to the milk. 3. Bring back to the hob on a medium heat and gently whisk until all the chocolate has melted. Take care not to boil as this will impair the flavour. 4. Serve.
Nutrition Labelling: Typical value	Per 100g
Energy	490kj / 117kcal
Fat	6.2
Of which saturated	3.7
Carbohydrate	11.7
Of which sugars	8
Fibre	1.9
Protein	4.6
Salt	0.1

Suitable for vegetarians	Υ
Suitable for vegans	N
Suitable for nut allergy sufferers	N
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	N
Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	N
Free from alcohol	Υ
Free from artificial flavours	Υ
Free from artificial colours	Υ