


John Lewis Stock Number	77062223
Name	Crunchy Cracker w/ Sea Salt.
Ingredients	<div> Nvhg01  Wholegrain Crackers w/ Sea salt. Ingredients: Whole wheat flour, rye flour, linseed, millet flakes, natural sourdough, rapeseed oil, honey, 2% yeast, 0.7% sea salt, rye malt flour, malt extract (barley malt). May contain traces of egg, milk, nuts and sesame. Keep dark, dry and cool. </div>
For allergens, see ingredients in bold	
May contain statements	May contain traces of egg, milk, nuts and sesame.
Net Quantity	100 g
Country of Origin	Holland
Storage Instructions	Keep dry
Manufacturer's name and address	Nicolas Vahe, Industrivej 29,7430 Ikast, Denmark
Instructions for use	Delicious as a snack for aperitif with pesto or cheese
Nutrition Labelling	<div> Nutrition per 100 g Energy 428 kcal / 1805 kJ Fats 9.2 g - of which saturated fats 0.9 g Carbohydrates 69 g - of which sugars 3 g Fibre 6.9 g Protein 14 g Salt 2.3 g </div>
Alcoholic Strength	
Suitable for vegetarians	Y
Suitable for vegans	Y
Suitable for nut allergy sufferers	Y/N
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	Y/N
Suitable for dairy allergy sufferers	Y/N

Suitable for soya allergy sufferers	Y/N
Free from alcohol	Y
Free from artificial flavours	Y
Free from artificial colours	Y