

## Ingredients and Allergy Information

Date of last review:

15/04/2019

Version No.:

02

John Lewis Stock Number	78042104
Name	The Breakfast Selection
Ingredients	<p><b><u>Tomato Sauce 42g</u></b>            Ingredients: Tomatoes (180g per 100g of Ketchup), Sugar, Wine Vinegar, Lemon Juice, Salt, Spices (Onion Powder, Clove Powder, Cinnamon Powder, Chilli Powder).            Nutritional Information            Typical Values Per 100g: Energy 770kJ/182kcal, Fat 0g, of which saturates 0g, Carbohydrate 41g, of which sugars 31g, Protein 1.5g, Salt 1.2g</p> <p><b><u>Brown Sauce 42g</u></b>            Ingredients: Tomatoes, Sugar, Treacle, <b>BARLEY</b> Malt Vinegar, Wine Vinegar, Apples, Sultanas, Oranges, Citrus Fibre, Salt, Tamarind, Lemon Juice, Spices.            Nutritional Information            Typical Values Per 100g: Energy 811kJ/191kcal, Fat 0g, of which saturates 0g, Carbohydrate 44g, of which sugars 40g, Protein 0.9g, Salt 1.4g</p> <p><b><u>English Wholegrain Mustard 42g</u></b>            Ingredients: <b>MUSTARD</b> (38%), Water, Wine Vinegar, Honey, Salt, Spices.            Nutritional Information            Typical Values Per 100g: Energy 936kJ/224kcal, Fat 11g, of which saturates 0.6g, Carbohydrate 17g, of which sugars 7.2g, Protein 11g, Salt 2.3g</p> <p><b><u>Orange Marmalade Fine Cut 42g</u></b>            Prepared with 30g of fruit per 100g. Total sugar content 67g per 100g            Ingredients: Sugar, Seville Oranges, Gelling Agent: Citrus Pectin. Total sugar content 67g per 100g.            Nutritional Information            Typical Values Per 100g: Energy 1141kJ/269kcal, Fat 0g, of which saturates 0g, Carbohydrate 67g, of which sugars 66g, Protein 0g, Salt 0g</p> <p><b><u>Strawberry Extra Jam 42g</u></b>            Prepared with 55g of fruit per 100g. Total sugar content 67g per 100g</p>

	<p>Ingredients: Sugar, Strawberries, Gelling Agent: Citrus Pectin, Acidity Regulator: Citric Acid.</p> <p>Nutritional Information</p> <p>Typical Values Per 100g: Energy 1145kJ/270kcal, Fat 0g, of which saturates 0g, Carbohydrate 66g, of which sugars 66g, Protein 0g, Salt 0g</p> <p><b><u>Apricot Extra Jam</u></b></p> <p>Prepared with 70g of fruit per 100g. Total sugar content 67g per 100g</p> <p>Ingredients: Apricots, Sugar, Acidity Regulator: Citric Acid.</p> <p>Nutritional Information Typical Values Per 100g: Energy 1155kJ/272kcal, Fat 0g, of which saturates 0g, Carbohydrate 66g, of which sugars 66g, Protein 0.6g, Salt 0g</p>
For allergens, including cereals containing gluten, see ingredients in <b>BOLD</b>	
May contain statements	
Net Quantity	6 x 42g
Country of Origin	The United Kingdom
Storage Instructions	Store in a cool dry place.
Manufacturer's name and address	Wilkin & Sons Ltd., Tiptree, Essex, CO5 0RF
Instructions for use	
Nutrition Labelling: Typical value	See Contents Above
Alcoholic Strength	n/a
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	No
Suitable to wheat allergy sufferers	No
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes

Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes