## John Lewis

adidas

Men's shirt, top and tracksuit sizing

| Size | Chest (inches) | Waist (inches) | Hip (inches) |
| :---: | :---: | :---: | :---: |
| XS | $31-33$ | $27-29$ | $32-34$ |
| S | $34-37$ | $30-32$ | $35-37$ |
| M | $37-40$ | $32-35$ | $37-40$ |
| L | $40-44$ | $35-39$ | $40-44$ |
| XXL | $44-48$ | $39-43$ | $44-48$ |
| XXXL | $48-52$ | $43-47$ | $48-51$ |

Men's trousers and shorts sizing

| Size | Waist (inches) | Hip (inches) | Inseam (inches) |
| :---: | :---: | :---: | :---: |
| XS | $27-29$ | $32-34$ | 31.9 |
| S | $30-32$ | $35-37$ | 32.1 |
| M | $32-35$ | $37-40$ | 32.3 |
| XL | $35-39$ | $40-44$ | 32.5 |
| XXL | $39-43$ | $44-48$ | 32.7 |
| XXXL | $43-47$ | $48-51$ | 32.5 |

