## John Lewis



## Men's shirt, top and tracksuit sizing

Size	Chest (inches)	Waist (inches)	Hip (inches)
XS	31-33	27-29	32-34
S	34-37	30-32	35-37
M	37-40	32-35	37-40
L	40-44	35-39	40-44
XL	44-48	39-43	44-48
XXL	48-52	43-47	48-51
XXXL	53-58	48-53	51-56

## Men's trousers and shorts sizing

Size	Waist (inches)	Hip (inches)	Inseam (inches)
XS	27-29	32-34	31.9
S	30-32	35-37	32.1
M	32-35	37-40	32.3
L	35-39	40-44	32.5
XL	39-43	44-48	32.7
XXL	43-47	48-51	32.5
XXXL	48-53	51-56	32.3