John Lewis



Size Conversion Chart			
European Size	Height (in)	Height (cm)	Weight (lb)
SMALL	4' 11" - 5' 4"	150 - 163	88 - 122
MEDIUM	4' 11 - 5 ' 4"	150 - 163	123 - 150
MEDIUM	5' 5" - 5' 9"	165 - 176	99 - 134
LARGE	5' 5" - 5' 9"	165 - 176	132 - 163
LARGE	5' 10" - 6' 0"	178 - 182	119 - 139

If your measurements are at the boundaries between sizes, you may wish to take the larger size for comfort