

Antarctic origami

Use hand-eye coordination to carefully fold a piece of paper using the ancient art of origami and transform it into a cute penguin.

Where

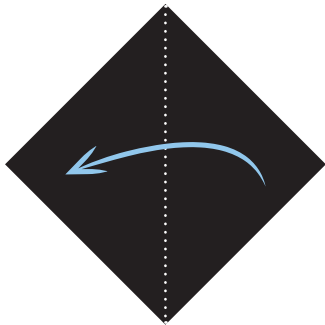
At home or school.

Activity Steps

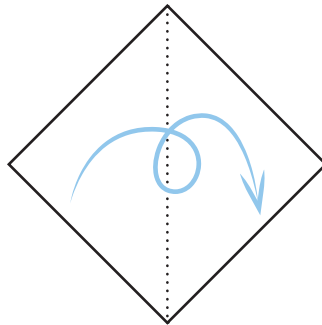
Before you start, cut or tear a piece of paper in to a square (ideally 15cm x 15cm) and colour one side black.

You will need

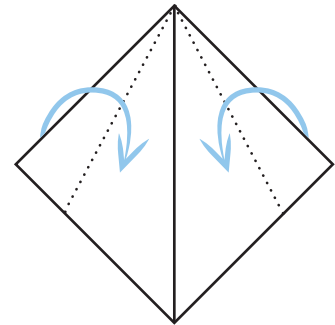
- Sheet of paper
- Ruler
- Black pen



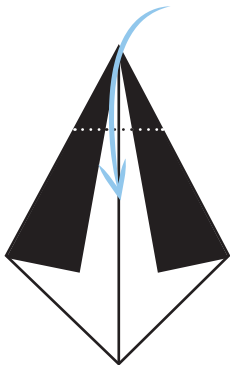
1. Fold your piece of paper into a triangle.



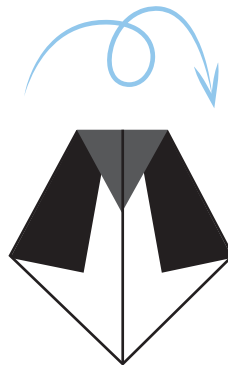
2. Turn the paper over, so you can't see the black side.



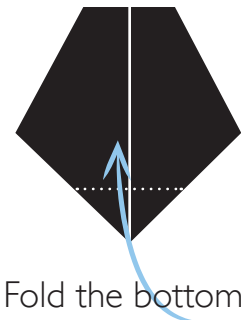
3. Fold in the two sides in as shown.



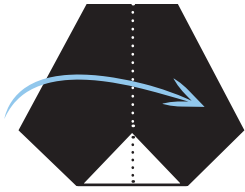
4. Fold the top point down.



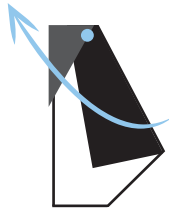
5. Turn your penguin over.



6. Fold the bottom point up.



7. Fold your penguin in half



8. Lift up his head and squeeze flat at the dot.



9. Say hello to Monty!

Imaginative instructions

Can you rewrite these instructions to tell a story? Go back, follow them again and think about the actions before making up a story to explain what is happening.

- Could you explain step 3 as Monty putting on a black coat?
- Is he nodding his head at step 4?
- Has he rolled over onto his tummy at step 5 before kicking the snow at step 6?

For more activity ideas visit johnlewis.com/skillstolife

Help Monty's friends in Antarctica by adopting an Adélie penguin with WWF

Adélie penguins depend on sea ice for their main food source - krill. But parts of the Antarctic and Southern Ocean are warming rapidly, which is affecting the penguins' feeding grounds. Help WWF protect the penguins and their habitat by adopting your own penguin.

Find out how you can adopt at johnlewis.com/montythepenguin