

Waist		
	inches	cm
XS	25–28	63.5–71.5
S	29–31	74–79
M	32–34	81.5–86.5
L	35–36	89–91.5
XL	37–40	94–102
Hip		
	inches	cm
XS	35-37	89-94
S	38-41	97-104.5
M	42-45	107-114.5
L	46	117
XL	47-50	119.5-127